

# Adult Education

## 2010 Fall/Winter Courses at Wayland-Cohocton Central School

<p><b><u>Hall Walker's Club</u></b> <span style="float: right;"><b>Free</b></span>            Monday-Friday 4:00-7:30 p.m.            While School is in session hall walking is open for safe walking. You are asked to wear hall walker's tag; it identifies you as a registered member.</p>	<p><b><u>Step Aerobics (Mondays &amp; Wednesdays)</u></b>            Nov., 1, 3, 8, 15, 22, 29 Dec. 1, 6, 8, 13,15, 20, 22            Cost: \$35.00 1x/week \$50.00 2x/week            Times: 4:00 – 5:00 P.M.            Where: 59 or 69 gym <span style="float: right;">Tammy Huber</span></p>
<p><b><u>Lap Swim</u></b>            Dates: October 4 – December 15            Times: Mondays – 6:30 – 7:30 p.m.                  Tuesdays – 6:00 – 7:00 a.m.                  Wednesdays – 6:30 – 7:30 p.m.                  Fridays – 6:00- 8:00 p.m. (Nov. 5-Mar. 11)            Cost: \$3.00 per visit/swimmer or 10 visits/\$25 pass</p>	<p><b><u>Red Cross Swim Lessons (Saturdays)</u></b>            October 16, 23, 30, Nov. 13            Cost: \$25.00            Times: <b>Level 1</b> 12:00 – 12:40 p.m.                  <b>Level 2</b> 12:40 – 1:20 p.m.                  <b>Level 3</b> 1:20 – 2:00 p.m.                  <b>Level 4</b> 2:00 – 2:40 p.m.            Place: WCCS Pool <span style="float: right;">Teresa Stephens</span></p>
<p><b><u>Water Fitness</u></b>            Oct. 4, 6, 13, 18, 20, 25, 27, Nov., 1, 3, 8, 10, 15, 17, 22, 29, Dec. 1, 6, 13, 15 <b>Monday/Wednesdays</b>            Times: 6:30 p.m. – 7:30 p.m.            Cost: \$25.00 1x/week \$50.00 2x/week            Where: Pool <span style="float: right;">Jenna Tonkery</span></p>	<p><b><u>Family Swim (Fridays)</u></b>            Nov. 5, 12, 19, Dec. 3, 10, Jan. 7, 28, Feb. 11, Mar.4, 11            Cost: \$3.00 Visit <b>Do not need to pre register</b>            Times: 6:00-8:00 p.m.            Where: Pool <span style="float: right;">Chris Ball</span></p>
<p><b><u>Soup Making</u></b>            Date: November 17, 2010            Time: 6:30 – 9:00 p.m.            Cost: \$15.00            Place: Home Ec. Kitchen Room #50            Instructor: Michelle Jones Ham, Chef / Caterer</p>	<p><b><u>Macintosh Computer Skills Class</u></b>            Date: Oct. 21, 26, 28, Nov., 2, 4            Time: 6:00 – 8:00 p.m.            Cost: \$25.00            Instructor: John Kerr            Place: High School Mac Lab Room #114</p>
<p><b><u>Classical Music &amp; Jazz Appreciation</u></b>            Date: Oct. 27, Nov., 3, 10, 17, Dec. 1, 8, 15            Time: 7:00 – 7:45 p.m. <b>Wednesdays</b>            Cost: \$110.00            Place: Room #130 <span style="float: right;">Chris Lynn</span></p>	<p><b><u>Therapeutic Hand Drumming</u></b>            Dates: Jan. 5, 12, 19, 26, Feb., 2, 9, 16            Times: 7:00 – 7:45 p.m.            Cost: \$110.00            Place: Room #130 <span style="float: right;">Chris Lynn</span></p>

**For Further Description Of Courses Please Pick Up An Adult Education Course Description Booklet In The WCCS Business Office. When school is closed due to holidays, weather etc. there will be no Adult Ed. Class.**

**REGISTRATION:** Form must be completed and mailed with full payment before the first class to:  
 Wayland-Cohocton Central School District  
 Attn: Heidi Sikes, Adult Education Coordinator  
 2350 Route 63, Wayland, NY 14572

\_\_\_\_\_  
 (Print) Name

\_\_\_\_\_  
 Phone Number

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 City

\_\_\_\_\_  
 Zip Code

Course Title you would like to register for:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Fee: \$ \_\_\_\_\_  
 Fee: \$ \_\_\_\_\_  
 Fee: \$ \_\_\_\_\_

**Make Check Payable to: WCCS Adult Education    TOTAL ENCLOSED: \$ \_\_\_\_\_**